



LUNCH, FEBRUARY-2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 KADHI PAKODA ALOO METHI, ROTI, RICE GREEN SALAD, BANANA	2
4 DAL TADKA, SARSON KA SAAG, RICE, ROTI, BOONDI RAITA LACHHA SALAD, GUD PIECES	5 VEG. UTTAPUM, IDLI, SAMBHAR, LEMON RICE, COCONUT CHUTNEY, BOILED BLACK CHANA SALAD, SEWAIN KHEER	6 RAJMA, MIX VEG, ROTI, RICE, CARROT AND CUCUMBER SALAD, ORANGE	7 TOMATO SOUP, SAFED MATAR, METHI KULCHA, VEG. BIRYANI, CARROT RAITA, KACHUMBAR SALAD	8 DAL MAKHANI, MATAR PANEER, ROTI, RICE, KACHUMBAR SALAD, YELLOW BOONDI LADOO	9
11 HOT AND SOUR SOUP, VEG. FRIED RICE, VEG. CHOWMEIN, VEG MANCHURIAN, BROCCOLI AND CORN SALAD, FRUIT CUSTARD	12 CHANA DAL TADKA, MATAR MUSHROOM, ROTI, RICE, GREEN SALAD, MURMURA LADDU	13 TOMATO SOUP, PAO BHAJI, VEG BIRYANI, BOONDI RAITA, KACHUMBAR SALAD, FRUIT	14 DAL PRANTHA, DAHI BHALLA WITH SAUNTH, ALOO MATTAR BHAJI, VEG. PULAO, CARROT BEETROOT LACHHA SALAD	15 SWEET CORN SOUP, PANEER KATHI ROLL, VEG. PULAO, MIX. RAITA, MINT CHUTNEY, CHICK PEA SALAD	16
18 IDLY, VADA SAMBHAR, COCONUT CHUTNEY, TOMATO RICE, RAVA KESARI, GREEN SALAD	19 SABOOT MOONG DAL, PANEER MUTTER BHURJI, ROTI, RICE, GREEN SALAD, FRUIT	20 KALA CHANA RASEDAAR, PALAK BATHUA ALOO(DRY), ROTI, RICE, MIX RAITA, KACHUMBAR SALAD	21 KALI MASOOR DAL, GAJAR GOBHI MATAR SABZI, ROTI, RICE, GREEN SLALD, MEETHI BOONDI	22 VEG. SOUP, PANEER KULCHA, GREEN CHUTNEY, VEG. BIRYANI, MIX RAITA, BEETROOT CUCUMBER CARROT SALAD	23
25 RAJMA, MIX VEG, ROTI, RICE, CARROT AND CUCUMBER SALAD, FRUIT	26 VEG SOUP, PASTA IN RED SAUCE, BAKED VEGETABLES, GARLIC BREAD, BROCCOLI AND CORN SALAD	27 DAL CHILLA, GREEN CHUTNEY, MATAR GOBHI PULAO, BOONDI RAITA, PAPAYA SALAD	28 PALAK CORN (THICK GRAVY) MOONG DAAL (DHULI), ROTI, RICE KACHUMBAR SALAD, FRUIT-BANANA		

Allergy Statement : The food highlighted in blue and green items contains lactose or nuts. Avoid if the child has



Disclaimer: Menu may change according to the availability of the material.