



LUNCH, MARCH -2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 DAL MAKHNI, CAPSICUM ALOO, ROTI, RICE, CARROT RAITA, GREEN SALAD	2
4 MAHA SHIV RATRI	5 HARI MOONG DAL, MATAR PANEER BHURJI, ROTI, RICE, GREEN SALAD, FRUIT CUSTARD	6 VADA, IDLY, SAMBHAR, COCONUT CHUTNEY, TOMATO RICE, CARROT BEETROOT LACHCHA SALAD, PINE APPLE HALWA	7 RAJMA, MIX VEG., ROTI, RICE, MIX RAITA, GREEN SALAD, FRUIT	8 VEG. PASTA IN RED SAUCE, GARLIC BREAD, FRIED RICE, BAKED VEGETABLES, CHOCO MUFFIN, BROCCOLI CORN SALAD	9
11 CHOLEY, KADDU JHOL, POORI, RICE, MINT RAITA, KACHUMBAR SALAD MURMURE LADOO	12 DAL PUNJABI, KADHAI PANEER ROTI, RICE, GREEN SALAD, FRUIT	13 KADHI PAKORA, GAJAR MATAR, ROTI, RICE, SPINACH SALAD, FRUIT	14 DAL PRANTHA, DAHI BHALLA WITH SAUNTH, ALOO MATTAR BHAI, VEG. PULAO, CARROT BEETROOT LACHHA SALAD	15 TOMATO SOUP, VEG. CHOWMEIN, VEG. MUNCHURIAN, VEG. FRIED RICE, CORN SALAD CAKE SLICE	16
18 PAO BHAI, VEG BIRYANI, MINT RAITA, GREEN SALAD, FRUIT	19 KALA CHANA RASEDAAR, JEERA ALOO, ROTI, RICE, KACHUMBAR SALAD, GUJIA (HOLI)	20 DAL CHILLA, GREEN CHUTNEY, MATAR GOBHI PULAO, BOONDI RAITA, PAPAYA SALAD	21 HOLI HOLIDAY	22 HOLIDAY	23
25 ARHAR DAL, KARELA MASALA, ROTI, RICE, GREEN SALAD, GULAB JAMUN	26 SOYA CHOP MASALA, MIX VEG., JEERA RAITA, ROTI, RICE, GREEN SALAD	27 DAL PUNJABI, ACHARI BAINGAN, ROTI, JEERA RICE, MIX. RAITA, SALAD	28 SAFED MATAR, METHI KULCHA, VEG. BIRYANI, MINT RAITA, KACHUMBAR SALAD	29 GHIYA KOFTA, MASOOR DAL, ROTI, RICE, POTATO SALAD, RICE KHEER	30

Allergy Statement : The food highlighted in blue and green items contains lactose or nuts. Avoid if the child has



Disclaimer: Menu may change according to the availability of the material.