



LUNCH, MAY- 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		01 VEG. PASTA IN RED SAUCE, GARLIC BREAD, VEG MANCHURIAN, FRIED RICE, SPROUT SALAD, LEMONADE	02 RAJMA, MIX VEG, RICE, ROTI, GREEN SALAD, FIRNI	03 PAO BHAJI, VEG BIRYANI, CUCUMBER RAITA, KACHUMBER GREEN SALAD	
06 KADHI PAKORA, KARELA MASALA, STEAMED RICE, ROTI, GREEN SALAD, FRUIT	07 SABUT MOONG DAL, KADHAI PANEER, ROTI, RICE, GREEN SALAD, AAM KA PANNA	08 KALI MOTI DAL, KURKURE BHINDI, STEAMED RICE, ROTI, MIX. RAITA, POTATO SALAD	09 DAL CHILLA, GREEN CHUTNEY, NUTRI PULAO, FRUIT, MIX RAITA, PAPAYA SALAD	10 DAL PANCHRATNI, ALOO MASALA, RICE, ROTI, KACHUMBER SALAD, CHACH	
13 SAMBHAR, IDLI, VADA, LEMON RICE, TOMATO CHUTNEY, COCONUT CHUTNEY, G. SALAD, KESARI RAWA	14 LOBIA BHINDI MASALA, RICE, ROTI, GREEN SALAD, RAITA	15 CHOLEY, KULCHE, VEG. PULAO, KACHUMBER SALAD, JEERA RAITA, AATE KA CHURMA	16 VEG CHOWMIEN, ONION BREAD, VEG. MUNCHURIAN, VEG FRIED RICE, CORN SALAD, ICE CREAM	17 RAJMA, KALI TORAI, RICE, ROTI, BEETROOT CUCUMBER SALAD, ROOHAFZA	
20 DAL MAKHANI, SHAHI PANEER, RICE, ROTI, GREEN SALAD, FRUIT	21 VEGETABLE AND PANEER ROLL, VEG BIRYANI, BOONDI RAITA, CHICK PEA SALAD, GULAB JAMUN	22 CHANA URAD DAL, KARELA MASALA, AJWAINI PARANTHA, BHUNA JEERA RAITA, CUCUMBER AND BEETROOT SALAD	23 PUMPKIN MASALA, PUNJABI CHOLE, ROTI, BOILED RICE, TADKA RAITA, AAM PANNA	24 PASTA IN RED SAUCE, BAKED VEGETABLES, FRIED RICE, GARLIC BREAD, CORN & BELLPEPPERS, SALAD	
28 DAL PANCHRATNI, LAUKI KOFTA, ROTI, RICE, MEETHI BOONDI CHACH	29 KADHI PAKORA, ALOO MASALA, STEAMED RICE, ROTI, GREEN SALAD,	30 SAMBHAR, IDLI, VADA, LEMON RICE, TOMATO CHUTNEY, GREEN SALAD, KESARI RAWA	31 VEG CHOWMIEN, ONION BREAD, VEG. MUNCHURIAN, VEG FRIED RICE, BROCCOLI & CORN SALAD, ICE CREAM		

Allergy Statement : The food highlighted in blue and green items contains lactose or nuts. Avoid if the child has



Disclaimer: Menu may change according to the availability of the material.