



LUNCH, DECEMBER- 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 DAL PARANTHA, DAHI BHALLA , SAUNTH, ALOO MATAR BHAJI, CARROT BEANS PULAO, GREEN SALAD FRUIT	3 IDLY VADA SAMBHAR, TOMATO CHUTNEY, LEMON RICE , GREEN SALAD, GUD PIECES	4 TOMATO SOUP , PAO BHAJI, CHANA DAL PULAV, BATHUA RAITA , GREEN SALAD	5 PALAK POORI, CHOLEY, KADDU, ZEERA RICE KACHUMBAR SALAD, FRUIT	6 HARI MOONG DAL, PANEER BHURJI , ROTI, RICE, GREEN SALAD, MEETHI BOONDI	7 SATURDAY
9 RAJMA, METHI ALOO, ROTI, RICE, GREEN SALAD, GUAVA/ORANGE	10 CHANA DAL, SARSOON KA SAAG , RICE, ROTI, GUD CHIKKI , GREEN SALAD	11 DAL MAKHANI , GAJAR MATAR GOBHI, ROTI, RICE, KACHUMBAR SALAD, FRUIT	12 DAL TADKA, BEANS ALOO, ROTI, RICE, SPINACH SALAD , MURMURA LADDU	13 TOMATO SOUP , SABUT MASOOR DAL, MIX VEG, ROTI, RICE, GREEN SALAD, FRUIT CUSTARD	14 SATURDAY
16 KADHI PAKORA , PALAK CORN , ROTI, RICE, SHAKARKANDI CUCUMBER SALAD, FRUIT	17 NUTRI CHOP MASALA, GOBHI MATAR, ROTI, RICE, GREEN SALAD, CARROT RAITA, GUD PIECES	18 IDLY, UTTAPUM, SAMBHAR, TOMATO RICE, COCONUT CHUTNEY SEWAIN KHEER , SPROUTS SALAD	19 TOMATO SOUP , STUFFED CHILLA, MINT CHUTNEY , VEG PULAO, BOONDI RAITA , BOILED CHANA SALAD	20 VEG. SOUP , BAKED VEGETABLES FOCACCIA, ITALIAN RICE, CORN SALAD XMAX VERRINE	21 SATURDAY
23 WINTER VACATIONS	24 WINTER VACATIONS	25 WINTER VACATIONS	26 WINTER VACATIONS	27 WINTER VACATIONS	28 WINTER VACATIONS
30 WINTER VACATIONS	31 WINTER VACATIONS				

Allergy Statement : The food highlighted in blue and green items contains lactose or nuts. Avoid if the child has



Disclaimer: Menu may change according to the availability of the material.