Greetings to our cherished school community!

We're thrilled to announce the relaunch of our monthly newsletter, marking a renewed journey of connection and inspiration. This platform will spotlight student and parent stories, offering a glimpse into our enriching journey. Stay tuned for monthly updates, insightful articles by experts, and heart-warming alumni tales. Plus, catch a sneak peek of upcoming events and workshops that enrich our learning tapestry.

## Your Stories, Our Strength:

We invite you to contribute your stories, reflections, and expertise. Whether you're a student, parent, educator, or alumni, your voice enriches the narrative of our community.

As we embark on this revitalized endeavor, let's celebrate our collective spirit, nurture connections, and foster a deeper sense of belonging. Together, we'll explore, learn, and grow.







## **UPCOMING EVENTS**

- Maker's Space
   Workshop for Parents
   on 7th October 2023
- Adolescence
   Workshop and
   Orientation of NIOS
   Program for parents
   on 28th Octobere
   2023



## SPOTLIGHT ON INCLUSION

In the realm of education, my journey led me to navigate the evolving landscape of inclusion at HXLS. The impact of this approach stretched beyond my students and touched children with special needs—a transformation I witnessed firsthand. As a teacher, I embarked on a journey where diversity wasn't just embraced; it was celebrated.

HXLS seamlessly integrated the Dharmic principle of inclusion into its classrooms and community. In our classrooms, I observed educators receiving specialized training, empowering them with diverse strategies. Collaborations with experts yielded impactful interventions for diverse abilities. Customized instruction, differentiation, collaborative group work, and personalized support helped the student excel academically and emotionally. The socioemotional curriculum, MIM, nurtured inclusion and respect from an early age. Inclusion stretched beyond academics. The school fostered social inclusivity through initiatives like athletics or sports opportunities, nurturing friendships without boundaries. Workshops on differential abilities facilitated empathy among mentors and teachers.

Students actively engaged in community service, showcasing compassion and values. Cultural celebrations like Raksha Bandhan, Eid, Janmashtami echoed the school's commitment to inclusion, embracing diverse traditions while fostering mutual appreciation.

This journey of inclusion reshaped my teaching philosophy, reaffirming my belief in every child's potential in a truly inclusive environment.

.....Himani Punj, Class I Educator



## PARENT TEACHER COLLABORATION

The SEN Department at HXLS, holds a special place in our journey as parents of children with special needs. Particularly during the challenging years of the pandemic, the educators dedicated an immense amount of time not only to educating our son, Kshitij, but also to equipping us with the tools to support his academic and co-curricular needs.

Collaboratively, we improved Kshitij's comprehension of time by shifting from a wooden clock to a digital one. Additionally, we integrated money skills into his vocational development through creative activities, enhancing his learning and practical abilities.

These innovative and cooperative strategies for grasping fundamental concepts demonstrate the educators' commitment to not only empowering our children but also enhancing our skills as parents. We are deeply grateful for their unwavering support and dedication.

In gratitude ..... Priyanjana (Mother of Kshitij





## TECHNOLOGY AND APP

## Tap to Talk

Utilizing touch-screen tech, Tap to Talk empowers those with communication challenges to choose and speak words, fostering interaction and expression.

#### Awaz

Awaz, an innovative assistive technology, grants a voice to speech-impaired individuals by transforming text into natural-sounding speech, enhancing communication independence.



## **FACULTY SPOTLIGHT SERIES**

## **Dauphina Sharma**

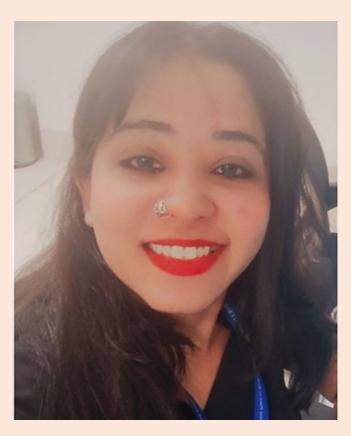
A remarkable and creative Special Educator

### Qualifications:

Diploma, B.Ed., and M.Ed. in Intellectual Disability, Pursuing a higher degree in MA Education

## **Professional Journey:**

Her professional journey commenced at Banyan Steiner School, where she imbibed invaluable insights into child development through anthroposophy and the importance of nurturing all dimensions of a child's being – physical, emotional, and spiritual.



#### Interests and Hobbies:

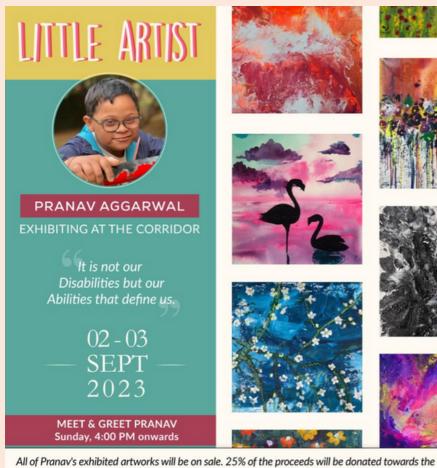
Dauphina finds solace in creative endeavors, from singing and writing meaningful poems to exploring spirituality through literature. Engaging in art, such as drawing, painting, and pottery, brings her immense joy. At her core, Dauphina aspires to evolve into the best version of herself, connecting with her inner spirituality while seeking a deeper understanding of the world.

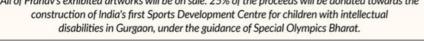
## **Guiding Mantra:**

She passionately believes that within each child exists an entire universe, encompassing mind, body, and spirit. Recognizing and comprehending all facets of a child is her approach to providing them with the best possible support. Love is her guiding force, creating a secure and nurturing space for learning and growth.



## LITTLE ARTIST, WITH BOUNDLESS CREATIVITY







FACEBOOK: @LITTLEARTGALLERYPRANAV

INSTAGRAM: @LITTLEARTISTPRANAV

Pranav, aged 11, is in Grade 6–H. Diagnosed with Down syndrome two days after birth, his family nurtured his strengths despite initial challenges. A trial art class ignited his artistic journey at six, yielding remarkable growth. Using unconventional materials like sponges and leaves, he defies norms. Collaborating through YouTube and Pinterest enriched his art. Pranav participated in national, and international exhibitions, notably Mexico's Deep–Down Arts Exhibition. His upcoming solo show in Gurugram on September 2–3, 2023, highlights his journey. He epitomizes the idea that our strengths, not weaknesses, define us.



# Aarushi Pratap's Artistic Journey from Heritage to Fashion Fame







WWW.AARUSHIPRATAP.COM

Aarushi Pratap, an alum of Heritage School, who currently lives in Tampa, Florida, shines as a visual artist and fashion designer, captivating the world with her unique creations. Known for her blend of contemporary and vintage aesthetics, Aarushi is creating a place for herself in the world of fashion through her passion for craftsmanship and unique design style. Aarushi is autistic, and art and fashion design are her language. Her clothes help her start a conversation, be seen, recognized, and celebrated. She studied at Heritage School from 2005 to 2015. She debuted her first collection at a school fashion show in 2014, igniting her aspiration to be a designer. Heritage School's nurturing environment catalyzed Aarushi's growth, fostering work ethic, craftsmanship, resourcefulness, and marketing skills. Today, she continues to make waves in the fashion realm, a testament to both her remarkable journey and the pivotal role Heritage School played in nurturing her exceptional talents – an embodiment of education's transformative power.



## HIGHLIGHTS OF JULY & AUGUST



## **Culinary Feasts:**

Chefs-in-training prepared monsoonthemed dishes, coconut Ladoo, and compiled a cookbook, showcasing their creativity.



SEN department remained committed to nurturing our students' skills, fostering community connections, and providing platforms for self-expression and growth



# BACK.

## Life Skill Trip

Students demonstrated impressive social skills during a visit to Bikanervala, with seniors mastering order placement, money handling, and timely dining.



Orchid students explored fire and police stations, grasping community roles and equipment functions.



## Diwali Prep

Engaged in pre-vocational activities, students crafted clay products for the upcoming Diwali sale.



## INDRADHANUSH AT SANSKRITI SCHOOL











our students celebrated Independence
Day with great enthusiasm. They sang
patriotic songs, adorned traditional
attire, created tricolor crafts, and

## **RAKSHABANDHAN**

enjoyed cooking delicious delicacies.





Our students participated in Sanskriti School's Indradanush event on August 17th, engaging in activities like fashion show, freeform art, poster designing and jewellery crafting. Shivaay Batra achieved the third prize in the fashion show competition, with the theme centered around Andaman and Nicobar Island.

## INDEPENDENCE DAY









Students from the Cosmos & Tulip class attended the Raksha Bandhan festivities organised by the first graders . The event featured a brief play, dancing and musical performances.



## TIPS FOR HANDWRITING



## Spider push-ups:

Place fingertips together and bend & straighten the fingers while pushing the finger tips against each other.



# FINGER WARM UPS FOR HANDWRITING

Tense muscles can make handwriting activities difficult and tiring for all of us. Finger warm ups can be done at the beginning of and throughout the writing session to relax the muscles and release tension.

## Writing Gloves:

Pull on the "gloves" by applying form pressure to the fingers and back of the hand along with palm of each hand



Inchworm:

Using a tripod grip, move the fingers along the pencil from one end to the other.



## Piano:

Drum the fingers on the desk as if playing a piano.
Ensure each finger touches the desk.

## Pencil Olympics:

Twirl the pencil like a baton, spinning it both horizontally and vertically.

